

# Toasted Ham & Cheese Sandwich



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Number of portions: **60**    Size of portion: **One sandwich**

Ingredient	Measure	Procedure
Bread, white	120 slices	Spray Buttermist spray on each sheet pan (18" x 26" x 1"). For 60 servings, use 3 pans.
American cheese, sliced	60 slices (approx. 3lb, 12 oz)	Place 20 slices of bread on each sheet pan, 4 across and 5 down.
Ham, sliced, reg (approx 11% fat).	60 slices (approx. 6lb, 9oz)	Top each slice of bread with 1 slice (1 oz) of cheese and 1 slice (1 3/4 oz) of ham. Cover with remaining bread slices. Spray tops of sandwiches with Buttermist spray.
Buttermist Spray		Bake until lightly browned: Conventional oven: 400° F for 15-20 minutes, convection oven: 350° F for 10-15 minutes. Do not overbake.  If desired, cut each sandwich diagonally in half.

### Nutritional Information

<b>Calories</b>	284	<b>Iron</b>	2.38 mg	<b>Protein</b>	10.06 g	26.85% Calories from protein
<b>Cholesterol</b>	43 mg	<b>Calcium</b>	287.41 mg	<b>Carbohydrates</b>	20.21 g	41.15% Calories from carbohydrates
<b>Sodium</b>	1397 mg	<b>Vitamin A</b>	750.0 IU	<b>Total Fat</b>	9.91 g	31.43% Calories from trans fat
<b>Dietary Fiber</b>	1.84 g	<b>Vitamin A</b>	150.0 RE	<b>Saturated Fat</b>	4.82 g	15.27% Calories from saturated fat
		<b>Vitamin C</b>	1.98 g	<b>Trans Fat</b>	0.00* g	% Calories from trans fat

**Note:** \* - asterisk denotes nutrients with either missing or incomplete nutrient data