

Toast with Buttermist®



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Number of portions: **60** Size of portion: **One slice**

Ingredient	Measure	Procedure
Bread, white	60 slices	Preheat oven to 425°. Fill sheet pan with bread. Spray bread with Buttermist Spray and bake 5-7 minutes, or until golden brown. If desired, spray pan before filling with bread to allow bread to be toasted on both sides.
Buttermist spray		

Nutritional Information

Calories	64	Iron	0.73 mg	Protein	1.98 g	12.29% Calories from protein
Cholesterol	0 mg	Calcium	26.18 mg	Carbohydrates	11.97 g	74.27% Calories from carbohydrates
Sodium	130 mg	Vitamin A	0.0 IU	Total Fat	0.88 g	12.29% Calories from total fat
Dietary Fiber	0.55 g	Vitamin A	0.0 RE	Saturated Fat	0.13 g	1.78% Calories from saturated fat
		Vitamin C	0.00 mg	Trans Fat	0.00*	% Calories from trans fat

Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data