

Turkey Ham & Cheese Sandwich - Toasted or Grilled



Low in fat
Zero trans fat
Zero cholesterol

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Number of portions: **60** Size of portion: **One sandwich**

Ingredient	Measure	Procedure
Bread, white	120 slices	Spray Buttermist spray on each sheet pan (18" x 26" x 1"). For 60 servings, use 3 pans. Place 20 slices of bread on each sheet pan, 4 across and 5 down. Top each slice of bread with 1 slice (1 oz) of cheese and 1 slice (1 ¾ oz) of turkey ham. Cover with remaining bread slices. Spray tops of sandwiches with Buttermist spray. Bake until lightly browned: Conventional oven: 400° F for 15-20 minutes, convection oven: 350° F for 10-15 minutes. Do not overbake. If desired, cut each sandwich diagonally in half. Optional: For an Italian sandwich, use sliced mozzarella cheese & Garlic Buttermist. After baking sprinkle tops of sandwiches with Italian Seasoning and Parmesan cheese. Spray tops again lightly if desired.
American Cheese, Sliced	60 Slices (approx 3 lb, 12oz)	
Turkey ham	60 slices (approx 6 lb, 9 oz)	
Buttermist Spray		

Nutritional Information

Calories	304	Iron	2.57 mg	Protein	18.81 g	24.72% Calories from protein
Cholesterol	60 mg	Calcium	278.27 mg	Carbohydrates	27.38 g	35.99% Calories from carbohydrates
Sodium	797 mg	Vitamin A	308.7 IU	Total Fat	12.88 g	38.08% Calories from total fat
Dietary Fiber	1.20 g	Vitamin A	90.3 RE	Saturated Fat	6.84 g	20.23% Calories from saturated fat
		Vitamin C	0.00 g	Trans Fat	0.00* g	% Calories from trans fat

Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data